

Epilepsy in children

Epilepsy is a disorder characterised by recurrent and unprovoked seizures and temporary impairment of brain function. Epilepsy is a common neurological disorder in childhood. Seizures and epilepsy affect infants and children more than any other age group.

It is estimated that 700 in every 100,000 children, under the age of 16, are diagnosed with epilepsy.

Research has shown that chiropractic care may represent a non-pharmaceutical health care approach for paediatric epileptic patients. Current evidence suggests that correction of upper cervical vertebral subluxation complex might be most beneficial!

During November, we are fundraising for a special client of ours, Luke, so he may receive a fully trained "seizure dog"

Please, contribute to this worthy cause!

above - down - inside - out

above

Above is about life force. The power that made the body heals and coordinates function and life potential.

down

Down is about bringing life force or energy into the body and helping the master control system, 'the brain' communicate the wellness message throughout the body, via the nerve system.

inside

Inside is the generator. Without your control system working properly, we can hardly expect optimal life expression.

out

Out is about doing it! Allowing the pure expression of growth, health, energy and enthusiasm for life that is expressed when our body is free to do so!

clients of the month...

Chiropractic research enables us to provide you with the most revolutionary care. The following clients will have their fees donated to the Australian Spinal Research Foundation this month.

Thank you to:

Akira Ellis
Chelsea Aminde
Jack Wright



events...

Creating Wellness Lectures

Have you attended?

Do you understand Chiropractic?

What else could you be doing to support your care?

Book Now

\$10 initial consultation for all babies, toddlers and pre-schoolers in November

All proceeds go to Luke's cause

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**babies, toddlers and
pre-schoolers**
c4w newsletter
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a healthy start to life...

Many parents are hesitant about taking their small babies, toddlers and even children to a chiropractor, mainly due to the stereotypical “snap or crack” that is associated with chiropractic. However, the adjustment that chiropractors use on babies and young children are gently applied pressures, with fingers, to the neck and spinal regions.

Another question on parents' minds is “Why do small babies and toddlers have their spines checked, considering they're healthy or don't have back pain?”

Chiropractic care is not just for people with back and neck pain - it's for everyone, including our kids. Having chiropractic adjustments to correct subluxations frees up young nervous systems and allows our kids to function at their full potential.

All those falls, knocks and bangs can add up in later life to the back pain that adults experience. Subluxations start at birth; just think of what a baby must go through in natural child birth alone!

Have an awesome November!

thought for november

Your children are not your children.
They are the sons and daughters of
Life's longing for itself.

-Kahlil Gibran

babies...

From the moment your baby enters the world it is put under numerous stressors and physical strains. The normal birthing process, position in-utero, type of presentation and assisted delivery (i.e. forceps or caesarian) can all cause a baby's spine to become subluxated.

One study of **asymptomatic** children showed that 15.8% had cervical subluxations (neck problems) and 40% had pelvic subluxations. While another study showed that it took 90 -140 pounds of pull pressure to produce spinal damage, stating that this amount of pressure is *not uncommon in the normal delivery process*. So how can a subluxation caused by birth affect a small baby?

One particular study of 1250 babies examined 5 days after birth, found that 211 suffered from vomiting, hyperactivity and sleeplessness. Ninety-five per cent were found to have spinal abnormalities, and all showed improvement after chiropractic care.

Pediatric vertebral subluxations are potentially the most pervasive and most unrecognized cause of persistent health problems in today's childhood population. These health issues include:

- Colic
- Breast feeding difficulties
- Sleeplessness

Colic

Many babies experience colic during their first year of life, which can be quite distressing, not only for the baby, but the parents too! This is because nerves can be irritated due to birth stress and thus the digestive system may not function as effectively as possible. The baby may have the following symptoms: increase in gas, spit up milk, have difficulty to move bowels and of course, fussiness. Many studies from peer-reviewed journals have found chiropractic care to be a highly effective way to relieve infantile colic. In one particular study, there was a 91% improvement was shown in babies receiving just one week of chiropractic care.

toddlers and pre-schoolers

Nocturnal enuresis (more commonly known as bedwetting) is an involuntary urination during sleep in the absence of a urological or neurological disorder which affects many children.

The social ramifications (as you can imagine) of bedwetting take a great toll on a child and family. The child can become both embarrassed and frustrated, as he or she feel that they cannot fit in with his or her peers. Common management may include; preparing the bed with a plastic cover over the mattresses, pull-up diapers, setting a bed alarm, or the use of drugs (which very little research has been done on their long term effects).

Several studies published in the Journal of Manipulative and Physiological Therapeutics showed marked improvement in children with this problem over children who did not receive chiropractic care. In one study 171 children suffering with enuresis averaged 7 nights of bed wetting per week prior to the study. After the children were given some initial chiropractic care the average child reduced the number of "wet" nights to 4 nights per week. A full 25% of the children receiving chiropractic showed a 50% reduction in wet nights.

With this being the age group of toddlers in child-care and children heading off to school there are always little bugs that are being passed around. There are many factors that affect the body's ability to maintain optimal well-being and function, including: nutrition, posture, exercise, stress and fatigue, and the health of your spine!

Chiropractic care was first linked to improved immunity during the flu epidemic of 1917 and 1918. Since then, studies have found that chiropractic care is a way to improve immunity. One study, from the National College of Chiropractic in Lombard, Illinois, found that disease-fighting white blood cell counts were higher just 15 minutes after chiropractic adjustment was applied to the spine.